



# Reiki Council

**Formally**

**Reiki Regulatory Working Group**

**Information compiled by Jeanne Long – Chair to the Reiki Council**

# Reiki Regulatory Working Group

(RRWG)

## Forward

Following the Government Response to the House of Lords Select Committee on Science and Technology's Sixth Report (Nov. 2000) on Complementary and Alternative Medicine, a Command Paper was laid before Parliament by a Government Minister by Command of Her Majesty.

Command Papers are considered by the Government to be of interest to Parliament but are not required to be presented by legislation. (Published 27 March 2001)

<https://publications.parliament.uk/pa/ld199900/ldselect/ldsctech/123/12302.htm>

Government Response to the House of Lords Select Committee on Science and Technology's Report on Complementary and Alternative Medicine

# **Reiki Regulatory Working Group**

**Following House of Lords questions to the Government about the practice of complementary and alternative medicine, and the Governments response in 2002, the Reiki Regulatory Working Group (RRWG) was formed.**

**Government Funding for complementary therapy working groups was made available through The Prince of Wales Foundation for Integrated Health.**

**A number of Reiki organisations joined forces to work towards an agreed system of Voluntary Self-Regulation for Reiki Professional Practitioners i.e. those practitioners working in a professional setting such as hospices. Funding was granted and RRWG became the umbrella organisation for Reiki where member organisations could exchange views, concerns and standards; discussing best practice in working towards the voluntary self regulation of Reiki and creation of the single UK Register of Professional Reiki Practitioners.**

# **Reiki Regulatory Working Group**

## **RRWG History**

**With the initial funding from The Prince of Wales Foundation for Integrated Health (PWFH) the RRWG Board was set up with:**

- Lay Chair**
- Secretary**
- Treasurer**
- 2 representatives from each member organisation**
- 2 lay persons**

# **Reiki Regulatory Working Group**

**Initially RRWG set up 2 main working groups :**

**National Occupations Standards (NOS) for the giving of Reiki in a professional setting**

- working in conjunction with Skills for Health**
- final version of NOS being agreed in 2009**

**Core Curriculum for teaching Reiki for professional practice, based on the NOS**

- the core curriculum originally written by Reiki Council and presented in a Reiki Council book – The Reiki Council Resource Handbook (published by Douglas Barry Publication in 2010)**
- working with CNHC a revised core curriculum was issued and published through CNHC July 2017 (CNC1, CNH2, CNH12)**

# **Reiki Council & CNHC**

## **2008 proved to be a critical year**

- Funding from PWFH was stopped**
- RRWG became self funding with an annual subscription being paid by member organisation**
- RRWG became the Reiki Council, the lead advisory body for Reiki**
- PWFH became the Complementary and Natural Healthcare Council – CNHC, and started the CNHC Register for Professional Practitioners**
- Reiki Council worked with CNHC to agree the criteria / standards required for Professional Reiki Practitioners**

# Reiki Council

## Where Reiki Council is now:

Independent self funding organisation offering Reiki advice and Information via the web site, email and phone to all enquirers

Member Organisations are listed below – organisations who are also Reiki Council/CNHC Verifying Organisations are highlighted in blue

**Reiki Association**

**Reiki Academy**

**Reiki Connection**

**Reiki Alliance**

**Reiki Guild**

**Jikiden Reiki**

**UK Reiki Federation**

**Reiki and Seichem**

**Complementary Health Professionals**

# Reiki Council

**Reiki Council have elected, named officers in the position of:**

- **Chair**
- **Vice Chair**
- **Treasurer**
- **Secretary**

- **Positions are generally held for a term of 3 years and named officers are selected from the general board**
- **General meetings are held 3 or 4 times a year – minutes of meetings are available**
- **Specific Working Group meetings are held as and when required**

# Reiki Council

**Along with the Reiki Traditional requirements of in-person training, and all that entails, Reiki Council promotes standards in general Reiki practice and training in regards to Best Practice.**

**For those who wish to take their Reiki practice to a higher level e.g. offering Reiki in conventional medical settings, the NOS are available on the website. In addition, the set criteria for Reiki Practitioners wishing to gain the Reiki Council Verified Practitioner certificate, a requirement for being listed in the CNHC Register (the only register for Reiki holding the PSA accredited register accreditation) is clearly stated on the website. This criteria is listed on the next page....**



# Reiki Council

## Criteria for Reiki Professional Practitioner

- To be able to demonstrate a sequence of hand positions appropriate to style of Reiki they have learnt (hand positions may vary with style)
- To have experience of both giving and receiving Reiki, to include self-healing
- To have the knowledge and understanding to run a professional practice
- To have compiled a portfolio of evidence of working with Reiki
- To have the knowledge, training and understanding to meet the National Occupational Standards for Reiki; CNH1, CNH2 and CNH12\*
- To have given a minimum of 75 full treatments, in person, five of which have been observed by another Reiki person and including 10 case studies with 4 treatments in each case study (this does not include Reiki on animals)

# **Reiki Council**

## **Criteria for Reiki Professional Practitioner**

- To have been practising Reiki i.e. attuned/initiated/reiju to Reiki for a minimum of 9 months**
- To have received a minimum of 40 hours in-person training from their Reiki Master(s) or other experienced Reiki Practitioners**
- To have an overall minimum of 140 hours of additional Reiki training/study from the start of their Reiki, (e.g. case studies, home study/distance learning, reflection on practice etc)**
- To have received 100 hours of Reiki either from self-treatment or from other practitioners**
- To have developed appropriate levels of skills in the fields of communication, professional relationships, work role and practice, understanding of confidentiality, consent, record keeping, health and well-being and basic anatomy and physiology**

# Reiki Council

## Criteria for Reiki Professional Practitioner

- To have developed appropriate levels of skills in the fields of communication, professional relationships, work role and practice, understanding of confidentiality, consent, record keeping, health and well-being and basic anatomy and physiology
- To have developed appropriate levels of skills and knowledge in the fields of: professional standards and code of practice, relevant legislation, employment and organisational policies and practices, business finance, insurance

**THIS DOES NOT INCLUDE SOME CRITERIA SPECIFICALLY RELATED REIKI**

All information can be found on

**<https://reikicouncil.org.uk/Practitioner-Specification.php>**

# Reiki Council

## Reiki Council Practitioner Verification



**This is an example of the Reiki Council Verified Practitioner Logo as issued by Reiki/CNHC Verifying Organisations (there may be some variation to the wording on this logo).**

**Once the set criteria is met the applicant completes a Questionnaire based on the NOS, plus executes an observed treatment, giving a treatment to a person whilst being discretely assessed by an agreed professional person.**

# **Reiki Council**

## **Summary**

- Reiki is a Voluntary Self-Regulation Practice**
- Reiki Verified Professional Practitioner is a choice some Reiki Practitioners some choose to take**
- CNHC Registration is, again, a choice.**
- Not all Reiki Council Verified Professional Practitioners choose to be in the CNHC Register**

# Reiki Council

## Summary

- **Reiki Council is committed to supporting all forms and styles of Reiki Tradition whilst also supporting and promoting the advancement for the giving of Reiki in a professional setting.**
- **Through its member organisations, supporting those Reiki Practitioners who choose to gain the additional accreditation of Reiki Council Verified Professional Practitioner**

### *Disclaimer*

*All information here has been given, in good faith, as a true record of my recollection (as Reiki Council Verifications Officer and in the original RC Working Group for NOS) of the advancements made for the practicing of Reiki in professional settings. Jeanne Long - Reiki Council Chair*